



First Aid Arrangements

Redgate Sports lead sport and physical activity sessions. As such, we recognise that no matter how well we plan and prepare accidents and injuries will happen from time-to-time.

All our coaches and other staff will be appropriately trained to be able to respond appropriately.

Training of coaching team and other staff

- All coaching staff to have completed a minimum of one day emergency 1st aid within last 3 years
- Redgate lead 1st aiders to have practical experience of being an appointed 1st aider
- Each Redgate Sports coach to have a 1st aid kit with them (minimum in car) at all times
- Responding to an accident and reporting of an accident to be covered in Redgate Sports team training on an annual basis

First aid arrangements when delivering for a referring partner

- Coaches to have first aid kit with them (minimum in car) at all times
- Coaches to know who to contact in the event of an accident (sports office, school reception etc)

First aid provision on a day led by Redgate Sports

- Each Redgate Sports led day to have a lead first aider
- Each Redgate Sports day to have a full first aid kit
- Each Redgate Sports day to have an identified space for first aid / rest / recovery
- Each Redgate Sports day to have mobile phone, checked for reception, to use in case of emergency
- Each Redgate Sports day to have ambulance arrival point identified and pre-prepared description to use in case of calling emergency services

Reporting an accident

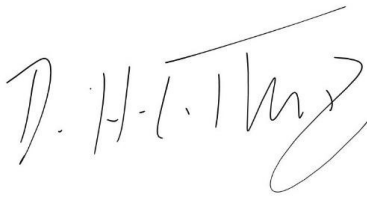
If delivering for a referring partner then accidents/first aid must be reported immediately to reception:

- Referring partners accident reporting form to be used
- Redgate Coach to take a copy of the form and return to Redgate Lead

If Redgate are leading the day:

- Redgate accident report form to be completed
- Where possible parents/carers to be called during the day and be updated
- Update parents/carers when they collect their child at the end of the day

This policy is recommended for approval by:



Dan Thorp

Redgate Sports CEO and Welfare Officer

Date: 04/08/25

POLICY REVIEW:

Redgate Sports review all policies every August. Policies may be reviewed and amended more frequently if the need arises. Changes in legislation and guidance or learning from incidents/near miss event may require a review and change to take place.

Policy/ Procedure	Date Last Reviewed	Amendments Made	Date Next Review	Amended By
First Aid	06.08.23	Addition of Review Procedure	06.08.24	DT
	01.08.24		01.08.25	DT
	04.08.25		04.08.26	SK

This policy is circulated to all staff annually. The policy is also circulated to all referring partners.

Redgate Sports holds staff training every 6 months and aspects of this policy are included in every training session.

This Policy has been developed by the Redgate Sports team and approved by the Board.